

# MEN'S ALL-TIME OUTDOOR TOP-10 MARKS

## 100 Meters

|       |                   |      |
|-------|-------------------|------|
| 10.18 | Ja'Warren Hooker  | 1998 |
| 10.22 | James Alaka       | 2012 |
| 10.26 | Pablo Franco      | 1975 |
| 10.27 | Sterling Hinds    | 1982 |
| 10.30 | LaNorris Marshall | 1983 |
| 10.43 | Davaon Spence     | 2005 |
| --    | Ed Turner         | 1996 |
| 10.44 | Byron Howell      | 1984 |
| 10.48 | Isaiah Stanback   | 2006 |
| 10.50 | Kelly Coleman     | 1992 |

## 200 Meters

|       |                   |      |
|-------|-------------------|------|
| 20.23 | Ja'Warren Hooker  | 2000 |
| 20.37 | Jordan Boase      | 2008 |
| 20.45 | James Alaka       | 2012 |
| 20.46 | LaNorris Marshall | 1981 |
| 20.61 | Sterling Hinds    | 1982 |
| 20.66 | Byron Howell      | 1985 |
| 20.68 | Pablo Franco      | 1977 |
| 20.74 | Ed Turner         | 1996 |
| 21.02 | Maurice McNeal    | 2011 |
| 21.06 | Joe Turner        | 2008 |

## 400 Meters

|         |                  |      |
|---------|------------------|------|
| 44.78   | Ja'Warren Hooker | 2000 |
| 44.82   | Jordan Boase     | 2008 |
| 45.60   | Maurice McNeal   | 2011 |
| 45.77ch | Billy Hicks      | 1975 |
| 45.81   | Orlando McKay    | 1990 |
| 45.87   | Alex Harcourt    | 2007 |
| 46.13   | Derek Prior      | 1998 |
| 46.30   | B.J. Dawson      | 1998 |
| 46.31   | Brent Merritt    | 1991 |
| 46.41   | Bruce Jackson    | 2006 |

## 800 Meters

|          |                |      |
|----------|----------------|------|
| 1:46.29  | Ryan Brown     | 2006 |
| 1:47.21  | Rob Webster    | 1982 |
| 1:47.54h | Bill Smart     | 1970 |
| 1:48.04h | Mitch Leffler  | 1992 |
| 1:48.14  | Austin Abbott  | 2008 |
| 1:48.24h | Greg Gibson    | 1976 |
| 1:48.39  | Brice Newton   | 1997 |
| 1:48.60  | Ty Minnis      | 1995 |
| 1:48.72  | Dwight Wheaton | 1991 |
| 1:48.84h | Peter Favell   | 1978 |

## 1,500 Meters

|          |                |      |
|----------|----------------|------|
| 3:39.63  | Austin Abbott  | 2009 |
| 3:39.89  | Bruce Stirling | 1987 |
| 3:41.74h | Alan Hjort     | 1989 |
| 3:42.64  | Geoff Perry    | 1998 |
| 3:43.24h | Greg Gibson    | 1976 |
| 3:43.34h | Rick Albright  | 1973 |
| 3:43.40  | Eric Garner    | 2004 |
| 3:43.56  | Stormy Shouman | 1990 |
| 3:43.74  | Peter Favell   | 1978 |
| 3:43.77  | Gary Gustafson | 1978 |

## 3,000m Steeplechase

|          |                |      |
|----------|----------------|------|
| 8:32.27  | Dan Bell       | 1987 |
| 8:32.54h | Jim Johnson    | 1972 |
| 8:40.24  | Atle Naesheim  | 1989 |
| 8:41.17  | Greg Metcalf   | 1992 |
| 8:41.83  | Carl Moe       | 2008 |
| 8:42.14h | Bill Koss      | 1972 |
| 8:44.54h | Gary Gustafson | 1976 |
| 8:44.93  | Nick Pavach    | 1996 |
| 8:46.92  | Mike Hill      | 2002 |
| 8:48.34h | Christian Belz | 1997 |

## 5,000 Meters

|           |                    |      |
|-----------|--------------------|------|
| 13:40.61  | David Bazzi        | 2001 |
| 13:47.25  | Colton Tully-Doyle | 2011 |
| 13:51.83  | James Cameron      | 2011 |
| 13:53.45  | Alan Hjort         | 1989 |
| 13:54.07  | Jeremy Park        | 2003 |
| 13:54.54  | Adam Leahy         | 1990 |
| 13:56.84h | Tim Murray         | 1977 |
| 13:57.58  | Bill Stolp         | 1979 |
| 13:57.85  | Bruce McDowell     | 1989 |
| 13:59.26  | Jake Schmitt       | 2010 |

## 10,000 Meters

|           |                |      |
|-----------|----------------|------|
| 28:34.54  | David Bazzi    | 2001 |
| 28:49.69  | Jeremy Mineau  | 2006 |
| 28:53.99  | Jake Schmitt   | 2009 |
| 28:58.34h | Curt Corvin    | 1986 |
| 29:07.22  | Mike Sayenko   | 2007 |
| 29:13.04h | Jim Reinke     | 1987 |
| 29:22.47  | Kevin Peters   | 2006 |
| 29:22.54h | Bill Stolp     | 1979 |
| 29:27.14h | Steve Surface  | 1977 |
| 29:27.84h | Bill McClement | 1978 |

## 110-Meter Hurdles

|              |                       |             |
|--------------|-----------------------|-------------|
| 13.57        | Spider Gaines         | 1976        |
| 13.91        | Lorenzo Bellamy       | 1980        |
| 13.94        | Dana Hall             | 1990        |
| 14.04ch      | Bill Roe              | 1967        |
| 14.11        | Aaron Williams        | 1981        |
| --           | Ben Meyer             | 2000        |
| <b>14.21</b> | <b>Chris Williams</b> | <b>2013</b> |
| --           | James Fredrickson     | 2007        |
| 14.22        | Jeremy Taiwo          | 2010        |
| 14.24ch      | Dave Williams         | 1967        |
| --           | Jim Seymour           | 1970        |
| --           | Terry Lavery          | 1974        |

c - Converted from 120-yard hurdles

## 400-Meter Hurdles

|         |                   |      |
|---------|-------------------|------|
| 49.51   | Shane Charles     | 2006 |
| 49.85   | Bernard Ellison   | 1991 |
| 49.85ch | Jim Seymour       | 1971 |
| 50.63   | James Fredrickson | 2007 |
| 50.94ch | Brian Mondschein  | 1975 |
| 51.24ch | Dave Williams     | 1967 |
| 51.45   | Brad Goodrich     | 2002 |
| 51.64ch | Terry Lavery      | 1974 |
|         | Tom Straithairn   | 1968 |
|         | Dan Johnston      | 1998 |

c - Converted from 440-yard hurdles

## 4x100-Meter Relay

|         |                                       |      |
|---------|---------------------------------------|------|
| 39.24   | Brown/Hinds/<br>Howell/Marshall       | 1983 |
| 39.43   | Boase/Davidson/<br>S. Williams/Spence | 2005 |
| 39.49   | Marshall/Stankovic/<br>Howell/Jackson | 1981 |
| 39.52   | Boase/Fredrickson/<br>Turner/Hamilton | 2008 |
| 39.62   | McNeal/Alaka/<br>Dunn/Hamilton        | 2011 |
| 39.84ch | Carr/Elkins/<br>Hicks/Davis           | 1974 |
| 39.86   | Noji/Hall/<br>McKay/Jones             | 1990 |
| 39.94ch | Kirtman/Hicks/<br>Franco/Tinner       | 1975 |
| 39.97   | Boase/Bacon/<br>Turner/Hamilton       | 2008 |
| 39.98   | Rucker/Alaka/<br>McNeal/Hamilton      | 2012 |

c - Converted from 440-yard relay

## 4x400-Meter Relay

|           |                                         |      |
|-----------|-----------------------------------------|------|
| 3:03.85   | S. Williams/Charles/<br>Brown/Jackson   | 2005 |
| 3:04.16ch | Tinner/Belur/<br>Franco/Hicks           | 1975 |
| 3:04.22   | Boase/Charles/<br>Brown/Jackson         | 2006 |
| 3:04.73   | Bryant/McKay/<br>Merritt/Elison         | 1990 |
| 3:05.21   | Hooker/Prior/<br>Anabel/Dawson          | 1998 |
| 3:06.41   | Adams/McCary/<br>S. Williams/Jackson    | 2004 |
| 3:06.53   | Strub/McKay/<br>Merritt/Elison          | 1991 |
| 3:07.08   | Boase/Charles/<br>McCary/Jackson        | 2006 |
| 3:08.37   | Boase/Charles/<br>S. Williams/Jackson   | 2005 |
| 3:08.39   | Gudaitis/Fredrickson/<br>Brown/Harcourt | 2007 |

c - Converted from mile relay

## High Jump

|         |                  |      |
|---------|------------------|------|
| 7-6 1/2 | Rick Noji        | 1990 |
| 7-3 1/4 | Norris Frederick | 2008 |
| 7-2 1/2 | A.J. Maricich    | 2012 |
| 7-1     | Lucian Moore     | 1977 |
| --      | Mike Ramos       | 1986 |
| 7-0 1/2 | J.D. Taylor      | 1985 |
| --      | Mark Alan        | 1989 |
| 7-0 1/4 | Tracey Thomas    | 1988 |
| --      | Sean Steele      | 2001 |
| 7-0     | Darryl Laverdure | 1973 |
| --      | Doug Meade       | 1981 |

## Pole Vault

|           |                |      |
|-----------|----------------|------|
| 18-9 1/4  | Scott Roth     | 2011 |
| 18-6 1/2  | Brad Walker    | 2003 |
| 18-0 1/2  | Garth Willard  | 1992 |
| 18-0 1/4  | Steve Oravetz  | 1979 |
| 17-10 1/2 | Ron Johnson    | 1992 |
| --        | Bryan Madche   | 1996 |
| --        | Matt Phillips  | 2000 |
| 17-10 1/4 | J.J. Juilfs    | 2012 |
| 17-7 3/4  | Ryan Vu        | 2010 |
| 17-7      | Jared O'Connor | 2009 |

## Long Jump

|          |                  |      |
|----------|------------------|------|
| 27-4     | Phil Shinnick    | 1963 |
| 25-7     | Rob Scott        | 1992 |
| 25-6 3/4 | Norris Frederick | 2006 |
| 25-5 3/4 | Wariboko West    | 1964 |
| 25-1 3/4 | Grant Birkinshaw | 1971 |
| 25-1 1/4 | Aaron Williams   | 1981 |
| 25-0     | Ed Turner        | 1997 |
| 24-9     | Peter Spencer    | 1969 |
| 24-8 1/4 | J.R. Wolfork     | 2005 |
| 24-7 1/4 | Tony Zackery     | 1986 |

## Triple Jump

|          |                 |      |
|----------|-----------------|------|
| 52-5 3/4 | Wayne Hinkley   | 1975 |
| 51-5 1/2 | Eric Klein      | 1968 |
| 51-5     | Al Harris       | 1983 |
| 50-11    | Dion Brown      | 1989 |
| 50-5 1/4 | Aaron Williams  | 1981 |
| --       | Tony Parrish    | 1995 |
| 50-4 1/4 | Vestee Jackson  | 1982 |
| 50-3 1/4 | Kasen Covington | 2012 |
| 50-3     | Dennis Cook     | 1977 |
| 49-11    | Jerrold Akins   | 1994 |

## Shot Put

|           |                |      |
|-----------|----------------|------|
| 65-11     | Steve Summers  | 1979 |
| 65-4      | Ben Lindsey    | 1998 |
| 64-4      | Russ Vincent   | 1976 |
| 62-11 1/4 | John Hubbell   | 1969 |
| 62-9 1/2  | Ernie Conwell  | 1996 |
| 61-7      | Pete Kaligis   | 1994 |
| 61-3 3/4  | Ernie Cathcart | 1972 |
| 60-10 1/4 | Jeff Johnson   | 1981 |
| 60-3      | Erik Johnson   | 1988 |
| 60-0 1/4  | Neal Kneip     | 1986 |

## Discus

|        |               |      |
|--------|---------------|------|
| 214-7  | Borys Chambul | 1976 |
| 210-3  | Adam Setliff  | 1993 |
| 208-9  | Mart Israel   | 2007 |
| 202-7  | Ben Lindsey   | 1998 |
| 201-8  | Doug Wollen   | 1982 |
| 200-1  | Will Conwell  | 2006 |
| 192-11 | Todd Wilson   | 1991 |
| 192-4  | Dan Tabish    | 1987 |
| 189-6  | Pat Feider    | 1990 |
| 187-3  | Mat Schwinn   | 2003 |

## Hammer

|       |                  |      |
|-------|------------------|------|
| 238-7 | Scott Neilson    | 1978 |
| 222-1 | Martin Bingisser | 2007 |
| 216-2 | Neil Kneip       | 1985 |
| 212-7 | Zack Midles      | 2010 |
| 208-5 | Sam Fu           | 1995 |
| 205-8 | Erik Johnson     | 1988 |
| 204-2 | Angus Taylor     | 2012 |
| 200-5 | Damon Felice     | 1996 |
| 200-0 | Casey Ballwey    | 1974 |
| 196-9 | Rich Bagley      | 1979 |

## Javelin (new implement, 1986-)

|        |                 |      |
|--------|-----------------|------|
| 253-5  | Kyle Nielsen    | 2011 |
| 249-6  | Darryl Roberson | 1989 |
| 244-10 | Joe Zimmerman   | 2010 |
| 240-8  | Tony Parsley    | 1991 |
| 238-8  | Troy Burkholder | 1996 |
| 237-2  | Mike deMunnik   | 1994 |
| 236-1  | Craig Manalili  | 1994 |
| 233-11 | Jimmy Brookman  | 2012 |
| 233-10 | Juan Romero     | 2006 |
| 233-5  | Bob Rockett     | 1987 |
|        | Jacob Smith     | 1995 |

## Javelin (old implement, pre-1986)

|       |                |      |
|-------|----------------|------|
| 287-6 | Bob Rockett    | 1985 |
| 280-8 | Duncan Atwood  | 1978 |
| 275-6 | Cary Feldman   | 1971 |
| 269-6 | Rod Ewalik     | 1976 |
| 264-7 | Gary Quitslund | 1972 |
| 261-3 | Tom Sinclair   | 1979 |
| 260-0 | Mike Mahovich  | 1980 |
| 255-7 | Dale Pedersen  | 1983 |
| 254-3 | Robert Moulder | 1980 |
| 242-3 | Fred Luke      | 1968 |

## Decathlon

|       |                  |      |
|-------|------------------|------|
| 8,322 | Mike Ramos       | 1986 |
| 8,063 | Steve Erickson   | 1985 |
| 7,758 | Gary Gefre       | 1980 |
| 7,742 | Jeremy Taiwo     | 2011 |
| 7,465 | Gary Wipfler     | 1981 |
| 7,426 | Jacob Predmore   | 2000 |
| 7,125 | Brian Mondschein | 1977 |
| 7,065 | Stan Vegar       | 1977 |
| 7,006 | Blake Bidleman   | 2007 |
| 6,991 | E.J. Iddings     | 1997 |

# MEN'S ALL-TIME INDOOR TOP-10 MARKS/FRESHMAN RECORDS

## 60 Meters

|             |                             |             |
|-------------|-----------------------------|-------------|
| 6.55        | Ja'Warren Hooker            | 2001        |
| 6.71c       | Ed Turner                   | 1997        |
| --          | Willem Ryan                 | 1997        |
| <b>6.77</b> | <b>Greg Ducre</b>           | <b>2013</b> |
| 6.77c       | Tim Martin                  | 1994        |
| --          | Sterling Hinds              | 1983        |
| 6.78        | James Alaka                 | 2010        |
| 6.78c       | Napoleon Kaufman            | 1993        |
| --          | Rick Noji                   | 1987        |
| <b>6.80</b> | <b>Quadelle Satterwhite</b> | <b>2013</b> |
| --          | Isaiah Stanback             | 2006        |
| 6.80c       | Carlos Hattix               | 1997        |

c - Converted from 55 meters

## 200 Meters

|       |                   |      |
|-------|-------------------|------|
| 20.56 | Ja'Warren Hooker  | 2001 |
| 20.85 | Jordan Boase      | 2009 |
| 21.05 | Ed Turner         | 1997 |
| 21.18 | Shelton Sampson   | 2003 |
| 21.40 | Maurice McNeal    | 2012 |
| 21.41 | Alex Harcourt     | 2007 |
| 21.47 | James Alaka       | 2012 |
| 21.51 | James Fredrickson | 2008 |
| 21.54 | Beno Bryant       | 1990 |
| 21.57 | Joseph Turner     | 2008 |
| --    | Tim Martin        | 1994 |
| --    | Orlando McKay     | 1990 |

## 400 Meters

|       |                   |      |
|-------|-------------------|------|
| 46.09 | Jordan Boase      | 2009 |
| 46.43 | Alex Harcourt     | 2007 |
| 46.45 | Derek Prior       | 1999 |
| 46.69 | Maurice McNeal    | 2012 |
| 46.86 | B.J. Dawson       | 1998 |
| 47.32 | Orlando McKay     | 1991 |
| 47.40 | James Fredrickson | 2008 |
| 47.41 | Sean Williams     | 2005 |
| 47.54 | Jeff Gudaitis     | 2009 |
| 47.58 | Bernard Ellison   | 1990 |

## 800 Meters

|          |                    |      |
|----------|--------------------|------|
| 1:48.40  | Ryan Brown         | 2007 |
| 1:48.56  | Austin Abbott      | 2009 |
| 1:49.59  | Shane Charles      | 2005 |
| 1:49.61  | Michael Miller Jr. | 2012 |
| 1:49.93  | Ryan Styrk         | 2011 |
| 1:50.19  | Brian Govier       | 2007 |
| 1:50.52  | Ryan Soberanis     | 2009 |
| 1:50.65  | Mitch Leffler      | 1993 |
| 1:51.14y | Rich Mesmer        | 1968 |
| 1:51.17  | Bruce Jackson      | 2005 |

c - Converted from 880 yards

## Mile

|                |                           |             |
|----------------|---------------------------|-------------|
| 3:58.23        | Austin Abbott             | 2009        |
| 3:58.51        | James Cameron             | 2011        |
| 3:58.93        | Eric Garner               | 2002        |
| 3:59.24        | Greg Gibson               | 1974        |
| <b>4:00.37</b> | <b>Joey Bywater</b>       | <b>2013</b> |
| 4:01.33        | Carl Moe                  | 2007        |
| 4:02.32        | Ryan Soberanis            | 2012        |
| 4:03.63        | Max O'Donoghue-McDonald   | 2011        |
| 4:03.77        | John Russell              | 2004        |
| <b>4:04.18</b> | <b>Michael Miller Jr.</b> | <b>2013</b> |

## 3,000 Meters

|          |                    |      |
|----------|--------------------|------|
| 7:53.13  | Colton Tully-Doyle | 2011 |
| 7:54.13  | Jeremy Park        | 2003 |
| 8:00.17  | James Cameron      | 2011 |
| 8:02.56  | Eric Garner        | 2002 |
| 8:02.82  | Carl Moe           | 2004 |
| 8:03.04  | Jake Schmitt       | 2009 |
| 8:03.83  | Joey Bywater       | 2012 |
| 8:04.92  | Mark Mandi         | 2004 |
| 8:04.94c | Jim Johnson        | 1972 |
| 8:06.04  | Dustin Duke        | 2002 |

c - Converted from two-mile run

## 5,000 Meters

|          |                    |      |
|----------|--------------------|------|
| 13:48.86 | Colton Tully-Doyle | 2010 |
| 13:54.03 | Jeremy Mineau      | 2006 |
| 13:54.25 | Jake Schmitt       | 2009 |
| 13:54.77 | James Cameron      | 2011 |
| 13:55.16 | Rob Webster Jr.    | 2012 |
| 13:58.51 | David Bazzi        | 2001 |
| 14:10.81 | Andy Fader         | 2004 |
| 14:11.39 | Jon Hickey         | 2004 |
| 14:12.51 | Mark Mandi         | 2004 |
| 14:13.89 | Mike Hill          | 2002 |

## 60-Meter Hurdles

|             |                       |             |
|-------------|-----------------------|-------------|
| 7.82c       | Dana Hall             | 1991        |
| 7.90c       | Skip Moody            | 1998        |
| <b>7.92</b> | <b>Chris Williams</b> | <b>2013</b> |
| 7.95c       | Ben Meyer             | 1997        |
| 8.03        | James Fredrickson     | 2007        |
| 8.06c       | Kyle Gano             | 1994        |
| <b>8.08</b> | <b>Howard Lao</b>     | <b>2013</b> |
| --          | <b>Jeremy Taiwo</b>   | <b>2013</b> |
| --          | Marc James            | 2004        |
| 8.09c       | Greg Barber           | 1999        |

c - Converted from 55-meter hurdles

## 4x400-Meter Relay

|          |                                          |      |
|----------|------------------------------------------|------|
| 3:07.03  | Boase/Brown/<br>Charles/Jackson          | 2006 |
| 3:07.33  | Hooker/Dawson/<br>Anabel/Prior           | 1998 |
| 3:07.86  | Harcourt/Brown/<br>Charles/Jackson       | 2006 |
| 3:07.94  | S. Williams/Brown/<br>Charles/Jackson    | 2005 |
| 3:09.08  | Gudaitis/Stil/Brown/<br>Fredrickson      | 2007 |
| 3:09.74  | Gudaitis/Fredrickson/<br>Boase/Harcourt  | 2008 |
| 3:10.07  | Hooker/Mackey/<br>Prior/Anabel           | 1999 |
| 3:10.64  | Rucker/Sanders/<br>Alaka/McNeal          | 2012 |
| 3:10.67  | N. Williams/Adams/<br>McCary/S. Williams | 2004 |
| 3:10.74c | Kozol/Bathurst/<br>Bredahl/Stankovic     | 1981 |

c - Converted from mile relay

## Distance Medley Relay

|         |                                       |      |
|---------|---------------------------------------|------|
| 9:31.68 | Soberanis/McNeal/<br>Whitley/Bywater  | 2012 |
| 9:35.35 | Abbott/Jackson/<br>Brown/Moe          | 2006 |
| --      | Garner/S. Williams/<br>Moe/Russell    | 2004 |
| 9:35.89 | Abbott/Fredrickson/<br>Brown/Moe      | 2007 |
| 9:36.20 | Abbott/S. Williams/<br>Brown/Fader    | 2005 |
| 9:36.21 | Bywater/Gudaitis/<br>Soberanis/Abbott | 2009 |
| 9:38.09 | Russell/S. Williams/<br>Arnold/Moe    | 2004 |
| 9:38.23 | Soberanis/Dunn/<br>Styrk/Tully-Doyle  | 2011 |
| 9:39.29 | Soberanis/Dunn/<br>Styrk/Cameron      | 2011 |
| 9:40.82 | Garner/S. Williams/<br>Arnold/Park    | 2003 |

## Men's Freshman Records

|                   |                                   |
|-------------------|-----------------------------------|
| 100 Meters        | 10.18, Ja'Warren Hooker, 1998     |
| 200 Meters        | 20.70, Ja'Warren Hooker, 1998     |
| 400 Meters        | 45.60, Maurice McNeal, 2011       |
| 800 Meters        | 1:47.9h, Greg Gibson, 1973        |
| 1,500 Meters      | 3:44.36, Austin Abbott, 2005      |
| Mile              | 4:04.5h, Greg Gibson, 1973        |
| 3,000 Meters      | 8:02.02i, Carl Moe, 2004          |
| Steeplechase      | 8:44.4h, Gary Gustafson, 1976     |
| 5,000 Meters      | 13:54.03i, Jeremy Mineau, 2006    |
| 10,000 Meters     | 28:49.69, Jeremy Mineau, 2006     |
| 110-Meter Hurdles | 13.57, Spider Gaines, 1976        |
| 400-Meter Hurdles | 51.53, Brad Goodrich, 2001        |
| High Jump         | 7-4 1/2, Rick Noji, 1986          |
| Pole Vault        | 18-1 3/4i, Scott Roth, 2007       |
| Long Jump         | 25-6 1/4i, Norris Frederick, 2005 |
| Triple Jump       | 50-8 1/4i, Kasen Covington, 2011  |
| Shot Put          | 59-11, Russ Vincent, 1974         |
| Discus            | 187-2, Ben Lindsey, 1997          |
| Hammer Throw      | 221-5, Scott Neilson, 1976        |
| Javelin (old)     | 266-11, Bob Rockett, 1983         |
| Javelin (new)     | 244-10, Joe Zimmerman, 2010       |
| Decathlon         | 7,638, Mike Ramos, 1982           |

## High Jump

|                 |                      |             |
|-----------------|----------------------|-------------|
| 7-5             | Rick Noji            | 1988        |
| <b>7-4 1/2</b>  | <b>Jeremy Taiwo</b>  | <b>2013</b> |
| 7-3             | Norris Frederick     | 2008        |
| 7-0 1/4         | Warren Eickhoff      | 2005        |
| --              | Rob Reynolds         | 1996        |
| --              | Tracey Thomas        | 1988        |
| <b>6-11 3/4</b> | <b>A.J. Maricich</b> | <b>2013</b> |
| --              | Sean Steele          | 2001        |
| 6-11            | Greg Fjellman        | 1992        |
| 6-10 3/4        | Tay Cody             | 1994        |
| --              | Mark Allan           | 1991        |

## Pole Vault

|          |               |      |
|----------|---------------|------|
| 19-0 1/4 | Brad Walker   | 2003 |
| 18-9 1/4 | Scott Roth    | 2010 |
| 17-10    | Steve Oravetz | 1979 |
| 17-9 3/4 | McKane Lee    | 2007 |
| 17-8 1/4 | J.J. Juilfs   | 2012 |
| 17-7 3/4 | Matt Phillips | 2000 |
| 17-7     | Ryan Vu       | 2011 |
| 17-6 1/2 | Garth Willard | 1992 |
| 17-6     | Jeff Taylor   | 1975 |
| 17-1 3/4 | Robby Fegles  | 2012 |
| --       | Brian Madche  | 1998 |

## Long Jump

|                 |                       |             |
|-----------------|-----------------------|-------------|
| 26-7 3/4        | Norris Frederick      | 2008        |
| 25-6 1/2        | Phil Shinnick         | 1965        |
| 25-6            | Grant Birkinshaw      | 1970        |
| 25-0            | Ed Turner             | 1996        |
| 24-5 1/2        | Robert Scott          | 1992        |
| <b>24-4 1/4</b> | <b>Jeremy Taiwo</b>   | <b>2013</b> |
| --              | <b>Kasen Williams</b> | <b>2013</b> |
| 23-9 1/2        | J.R. Wolfork          | 2006        |
| 23-9            | Skip Moody            | 1997        |
| 23-7 1/2        | Julian Bardwell       | 2012        |
| --              | Mike Ramos            | 1984        |

## Triple Jump

|           |                 |      |
|-----------|-----------------|------|
| 50-10     | John Triplett   | 1976 |
| 50-8 1/4  | Kasen Covington | 2011 |
| 50-2 1/2  | Wayne Hinkley   | 1975 |
| 50-0 1/2  | Tony Parrish    | 1995 |
| 49-8 1/4  | Marcus Kelly    | 2001 |
| 49-7      | Greg Henderson  | 1982 |
| 49-3 3/4  | James Sims, Jr. | 2003 |
| 49-2 1/4  | Jerrold Akins   | 1992 |
| 49-1 3/4  | Al Harris       | 1984 |
| 48-11 1/2 | Tyriff Rudder   | 2001 |

## Shot Put

|           |                     |      |
|-----------|---------------------|------|
| 65-5 1/4  | Ben Lindsey         | 1998 |
| 64-4      | Russ Vincent        | 1975 |
| 64-1      | Steve Summers       | 1980 |
| 60-7      | John Hubbell        | 1969 |
| 60-6 1/2  | Ernie Conwell       | 1995 |
| 58-11 1/2 | Eric Johnson        | 1988 |
| 57-5 3/4  | Neal Kneip          | 1986 |
| 56-10 1/4 | George Sutherland   | 1975 |
| 56-7 1/4  | Brett Holden        | 1982 |
| 56-5 1/4  | Daniel Te'o-Nesheim | 2007 |

## 35-lb. Weight Throw

|           |                  |      |
|-----------|------------------|------|
| 71-5 1/2  | Scott Neilson    | 1979 |
| 67-0      | Martin Bingisser | 2007 |
| 65-7 1/2  | Neal Kneip       | 1986 |
| 62-7 3/4  | Angus Taylor     | 2012 |
| 62-6      | Zack Midles      | 2009 |
| 62-1 3/4  | Russ Vincent     | 1978 |
| 61-6      | Eric Johnson     | 1989 |
| 61-4 3/4  | Bill Stengele    | 1997 |
| 58-0 1/4  | Will Conwell     | 2006 |
| 57-11 1/4 | Conner Larned    | 2011 |

## Heptathlon

|              |                     |             |
|--------------|---------------------|-------------|
| <b>6,156</b> | <b>Jeremy Taiwo</b> | <b>2013</b> |
| 5,309        | Andrew Ferleman     | 2011        |
| 5,140        | Kale Schmidt        | 2011        |
| 5,126        | Blake Bidleman      | 2006        |
| 4,874        | Corey Fredericks    | 2007        |
| 4,714        | Jake Vetter         | 2010        |
| 4,702        | Bryce Borer         | 2010        |
| 4,644        | Bobby Noble         | 2008        |
| 4,634        | Jeremy Lashinske    | 2010        |
| 4,609        | Doug Blaty          | 2004        |

# WOMEN'S ALL-TIME OUTDOOR TOP-10 MARKS

## 100 Meters

|        |                      |      |
|--------|----------------------|------|
| 11.47  | Zelda Johnson        | 1985 |
| 11.53  | Donna Dennis         | 1983 |
| 11.54h | Ashley Lodree        | 2006 |
| 11.57  | Dominique Lauderdale | 2011 |
| 11.84  | Esrenee Cunningham   | 1989 |
| --     | Tracy Griffin        | 1994 |
| 11.86  | Shirley Walker       | 1985 |
| 11.87  | Marzette Penton      | 1996 |
| 11.90  | Meledy Smith         | 1984 |
| 11.94  | Michele Stapleton    | 1989 |

## 200 Meters

|        |                      |      |
|--------|----------------------|------|
| 23.40  | Donna Dennis         | 1983 |
| 23.86  | Tracy Griffin        | 1994 |
| 23.98  | Dominique Lauderdale | 2011 |
| 24.12  | Chelsie Pentz        | 2000 |
| 24.13  | Zelda Johnson        | 1985 |
| 24.14h | Esrenee Cunningham   | 1989 |
| 24.34  | Lauran Dignam        | 2004 |
| 24.44  | Tamanika Terry       | 1994 |
| 24.44h | Joyce Schweim        | 1989 |
| 24.50  | Keisha Griffis       | 1998 |

## 400 Meters

|        |                    |      |
|--------|--------------------|------|
| 53.03  | Jordan Carlson     | 2012 |
| 54.31  | Lauran Dignam      | 2006 |
| 54.44  | Keisha Griffis     | 1998 |
| 54.45  | Patrice Woods      | 1996 |
| 54.47  | Terra Barter       | 1995 |
| 54.64  | Koko Sandmeyer     | 1994 |
| 54.70  | Monique Glass      | 1998 |
| 54.74h | Colleen Richardson | 1980 |
| 54.84h | Kelsey Sheppard    | 2000 |
| 54.98  | Asya Muhammad      | 1998 |

## 800 Meters

|                |                     |             |
|----------------|---------------------|-------------|
| 2:05.73        | Sarah Bolender      | 1987        |
| 2:05.97        | Courtney Inman      | 2003        |
| <b>2:05.99</b> | <b>Baylee Mires</b> | <b>2013</b> |
| 2:06.07        | Katie Follett       | 2009        |
| 2:06.51        | Kailey Campbell     | 2009        |
| --             | Dana Arnim          | 1980        |
| 2:06.55        | Christine Babcock   | 2009        |
| 2:06.75        | Mary Dong           | 1987        |
| 2:06.80        | Sandra Gregg        | 1981        |
| 2:06.98        | Amanda Miller       | 2008        |

## 1,500 Meters

|          |                   |      |
|----------|-------------------|------|
| 4:10.66  | Katie Follett     | 2010 |
| 4:10.93  | Courtney Inman    | 2003 |
| 4:11.38  | Katie Flood       | 2012 |
| 4:12.84h | Regina Joyce      | 1981 |
| 4:14.63  | Amy Lia           | 2006 |
| 4:14.94  | Michelle Turner   | 2008 |
| 4:16.10  | Christine Babcock | 2009 |
| 4:16.68  | Amanda Miller     | 2008 |
| 4:18.31  | Sandra Gregg      | 1981 |
| 4:18.43  | Kailey Campbell   | 2009 |

## 3,000 Meters

|         |                  |      |
|---------|------------------|------|
| 8:55.05 | Regina Joyce     | 1982 |
| 9:16.56 | Tara Carlson     | 1996 |
| 9:20.35 | Margaret Butler  | 2000 |
| 9:23.42 | Anita Campbell   | 2009 |
| 9:23.66 | Janicka Peterson | 1990 |
| 9:23.89 | Jennifer Smalley | 1991 |
| 9:26.38 | Cami Matson      | 2000 |
| 9:31.04 | Emily Johnson    | 1996 |
| 9:31.10 | Sabrina Monro    | 2003 |
| 9:31.91 | Megan Goethals   | 2012 |
| --      | Anne Howard      | 1991 |

## 3,000m Steeplechase

|                 |                        |             |
|-----------------|------------------------|-------------|
| 9:40.98         | Mel Lawrence           | 2009        |
| <b>10:19.66</b> | <b>Justine Johnson</b> | <b>2013</b> |
| 10:31.07        | Eleanor Fulton         | 2012        |
| <b>10:33.08</b> | <b>Liberty Miller</b>  | <b>2013</b> |
| 10:33.28        | Laura Halverson        | 2004        |
| 10:35.31        | Kate Spigel            | 2003        |
| 10:37.27        | Dallon Williams        | 2004        |
| 10:39.65        | Mackenzie Carter       | 2012        |
| 10:43.26        | Camille Connelly       | 2005        |
| 10:44.96        | Allison Linnell        | 2009        |

## 5,000 Meters

|                 |                          |             |
|-----------------|--------------------------|-------------|
| 15:35.60        | Regina Joyce             | 1982        |
| <b>15:44.98</b> | <b>Christine Babcock</b> | <b>2013</b> |
| 15:45.85        | Anita Campbell           | 2009        |
| 15:46.82        | Megan Goethals           | 2012        |
| 15:48.72        | Katie Follett            | 2009        |
| 15:50.36        | Mel Lawrence             | 2009        |
| 15:55.71        | Tara Carlson             | 1996        |
| 15:56.90        | Sabrina Monro            | 2003        |
| 16:01.20        | Anna Aoki                | 2001        |
| 16:10.94        | Gillian Palmer           | 2001        |

## 10,000 Meters

|                 |                         |             |
|-----------------|-------------------------|-------------|
| <b>32:52.78</b> | <b>Megan Goethals</b>   | <b>2013</b> |
| 33:13.45        | Regina Joyce            | 1983        |
| <b>33:23.53</b> | <b>Lindsay Flanagan</b> | <b>2013</b> |
| 33:32.28        | Sabrina Monro           | 2003        |
| 33:35.51        | Kate Bradshaw           | 2001        |
| 33:40.22        | Anita Campbell          | 2009        |
| 34:04.70        | Deeja Youngquist        | 1999        |
| 34:04.77        | Anna Aoki               | 2001        |
| 34:12.54h       | Karen Petley            | 1982        |
| 34:34.79        | Lisa Gibbs              | 2002        |

## 100-Meter Hurdles

|       |                   |      |
|-------|-------------------|------|
| 12.99 | Ashley Lodree     | 2007 |
| 13.18 | Falesha Ankton    | 2010 |
| 13.55 | Claudine Robinson | 1994 |
| 13.62 | Shirley Walker    | 1984 |
| 13.69 | Joyce Schweim     | 1990 |
| 13.86 | Leslie Campbell   | 1991 |
| 13.98 | Grace Vela        | 2004 |
| 14.05 | Brynne Steward    | 2003 |
| --    | Patrice Davis     | 1999 |
| 14.07 | Keisha Griffis    | 1998 |

## 400-Meter Hurdles

|       |                 |      |
|-------|-----------------|------|
| 57.13 | Terra Barter    | 1995 |
| 57.35 | Keisha Griffis  | 1997 |
| 57.79 | Mari Bjone      | 1991 |
| 58.29 | Kelsey Sheppard | 2000 |
| 58.40 | Patrice Woods   | 1995 |
| 58.52 | Kayla Stueckle  | 2012 |
| 59.45 | Angie Tasker    | 1990 |
| --    | Patrice Davis   | 1997 |
| 59.52 | Falesha Ankton  | 2008 |
| 59.53 | Joyce Schweim   | 1989 |

## 4x100-Meter Relay

|        |                                        |      |
|--------|----------------------------------------|------|
| 44.74h | Smith/Walker/<br>Johnson/Dennis        | 1985 |
| 45.20  | Keller/Walker/<br>Smith/Dennis         | 1984 |
| 45.63  | Cunningham/Stapleton/<br>Gamby/Schweim | 1989 |
| 45.67  | Smith/T. Moore/<br>Pentz/Hawkins       | 2000 |
| 45.81  | Vela/Craddock/<br>Steward/Lodree       | 2004 |
| 45.88  | Ankton/Lauderdale/<br>Carlson/Greene   | 2009 |
| 45.89  | McClatcher/Penton/<br>Griffis/Muhammad | 1998 |

|       |                                             |      |
|-------|---------------------------------------------|------|
| 45.93 | Kay. Stueckle/Lauderdale/<br>Carlson/Greene | 2011 |
| 45.96 | Jacobson/Woodruff/<br>Kay. Stueckle/Greene  | 2012 |
| 46.04 | Steward/Lodree/<br>Dignam/Nash              | 2005 |
| --    | Washington                                  | 1999 |

## 4x400-Meter Relay

|                |                                                   |             |
|----------------|---------------------------------------------------|-------------|
| 3:37.68        | McClatcher/Glass/<br>Griffis/Muhammad             | 1998        |
| 3:39.04        | Sheppard/Pentz/<br>Moore/Bledsoe                  | 2000        |
| 3:39.65        | Woods/Casbere/<br>Barter/Sandmeyer                | 1994        |
| 3:41.60        | Newton/Minelli/<br>Woods/Barter                   | 1995        |
| 3:41.92        | Washington                                        | 1999        |
| 3:41.97        | Reimbold/Minelli/<br>Newton/Woods                 | 1996        |
| <b>3:43.15</b> | <b>Kay. Stueckle/Mires/<br/>Woodruff/Armstead</b> | <b>2013</b> |
| 3:43.24h       | Nomiyama/Shannon/<br>Arnim/Richardson             | 1980        |
| 3:43.55        | Fero/Woodruff/<br>Kay. Stueckle/Carlson           | 2012        |
| 3:43.61        | Dignam/Leonhardt/<br>Martin/Ankton                | 2006        |

## High Jump

|          |                   |      |
|----------|-------------------|------|
| 6-2 3/4  | Vicki Borsheim    | 1987 |
| 6-0 1/2  | Maggie Garrison   | 1978 |
| 6-0      | Sherri Felton     | 1978 |
| 5-10 1/4 | Dianne Baumann    | 1983 |
| 5-10     | Makare Desilets   | 1997 |
| 5-9 3/4  | Gaye Brandenstein | 1982 |
| 5-8 3/4  | Kelly McNamee     | 2009 |
| --       | Celia Willis      | 1990 |
| --       | Mary Prince       | 1990 |
| 5-8 1/2  | Janie Vermeere    | 1994 |

## Pole Vault

|           |                  |      |
|-----------|------------------|------|
| 14-4 1/2  | Logan Miller     | 2012 |
| 14-2      | Kate Soma        | 2004 |
| 13-9 3/4  | Andrea Peterson  | 2009 |
| 13-9 1/4  | Carly Dockendorf | 2005 |
| 13-8 1/4  | Georgia Reynolds | 2012 |
| 13-5 3/4  | Stevie Marshalek | 2007 |
| 13-5 1/4  | Kelley DiVesta   | 2006 |
| --        | Ashley Wildhaber | 2005 |
| 13-3 1/2  | Lara Jones       | 2009 |
| 12-11 1/2 | Sandy Erickson   | 2000 |

## Long Jump

|           |                |      |
|-----------|----------------|------|
| 21-0      | Meledy Smith   | 1984 |
| 20-8 1/2  | Ashlee Lodree  | 2007 |
| --        | Tara Davis     | 1995 |
| 20-8 1/4  | Shiri Milton   | 1984 |
| 20-1      | Kendra Keller  | 1987 |
| --        | Angie Tasker   | 1989 |
| 19-11 1/4 | Jakki Davis    | 1984 |
| 19-10 3/4 | Sonja Forster  | 1992 |
| 19-9      | Kam Warner     | 1994 |
| 19-7 1/2  | Tami Mathewson | 1990 |
| --        | Zee Ogarro     | 2002 |

## Triple Jump

|           |                  |      |
|-----------|------------------|------|
| 43-3 1/4  | Shaniae Lakes    | 2012 |
| 41-7 3/4  | Tara Davis       | 1995 |
| 41-4 1/2  | Brittany Roberts | 2003 |
| 41-2 1/2  | Taylor Nichols   | 2011 |
| 40-9 3/4  | Michelle Reid    | 1997 |
| 40-8 1/4  | Angie Tasker     | 1989 |
| 40-7      | Alana Alexander  | 2012 |
| --        | Suzanne Silvis   | 1994 |
| 40-4 3/4  | Sidney Brown     | 2004 |
| 39-11 1/2 | Fahern Thomas    | 1992 |

## Shot Put

|           |                 |      |
|-----------|-----------------|------|
| 55-7      | Jennifer Ponath | 1988 |
| 52-6      | Shirley Ross    | 1988 |
| 51-10 1/4 | Caryl Van Pelt  | 1981 |
| 51-5      | Aretha Hill     | 1998 |
| 51-2 1/2  | Meg Jones       | 1987 |
| 50-8 3/4  | Sesilia Thomas  | 2000 |
| 49-4 1/2  | Jackie Henry    | 1983 |
| 48-5 1/4  | Sheree Ellis    | 2007 |
| 48-0 3/4  | Cherron Davis   | 2004 |
| 47-0 1/4  | Soozie Shanley  | 1995 |

## Discus

|        |                    |      |
|--------|--------------------|------|
| 215-3  | Aretha Hill        | 1998 |
| 179-3  | Jennifer Ponath    | 1988 |
| 175-8  | Cecilia Barnes     | 1999 |
| 174-10 | Meg Jones          | 1987 |
| 170-7  | Sandy Whitlock     | 1990 |
| 169-8  | Elisa Bryant       | 2011 |
| 168-0  | Susanne Dandenault | 1990 |
| 161-2  | Soozie Shanley     | 1995 |
| 160-1  | Jackie Henry       | 1980 |
| 159-1  | Caryl Van Pelt     | 1979 |

## Hammer

|        |                  |      |
|--------|------------------|------|
| 193-10 | Elisa Bryant     | 2012 |
| 189-9  | Kameko Gay       | 2003 |
| 169-1  | Rebecca Morrison | 1998 |
| 168-7  | Soozie Shanley   | 1996 |
| 168-2  | Aretha Hill      | 1998 |
| 156-4  | Cecilia Barnes   | 1999 |
| 155-3  | Shannon Harvey   | 2007 |
| 155-2  | Carin Trygg      | 2004 |
| 154-9  | Erica Huse       | 2012 |
| 153-3  | Arlecier West    | 2006 |

## Javelin (new implement, 1986-)

|              |                       |             |
|--------------|-----------------------|-------------|
| 174-2        | Amanda Peterson       | 2011        |
| 173-7        | Megan Priestersbach   | 2004        |
| 168-11       | Brooke Pighin         | 2009        |
| 161-9        | Tiffany Zahn          | 2006        |
| 159-6        | Heather Reichmann     | 2003        |
| <b>149-2</b> | <b>Jordin Seekins</b> | <b>2013</b> |
| 143-8        | Kaisa Keranen         | 2007        |
| <b>141-4</b> | <b>Ally Mueller</b>   | <b>2013</b> |
| 136-4        | Chris Withey          | 2000        |
| 122-5        | Grace Vela            | 2005        |

## Javelin (old implement, pre-1986)

|        |                 |      |
|--------|-----------------|------|
| 197-4  | Helena Uusitalo | 1986 |
| 191-2  | Deanna Carr     | 1983 |
| 182-4  | Shelly Sanford  | 1989 |
| 173-4  | Tessie Schorr   | 1993 |
| 171-10 | Liz Lasiter     | 1986 |
| 170-6  | Vicki Smiley    | 1983 |
| --     | Lisa Torrison   | 1983 |
| 167-7  | Kristin Ronning | 1993 |
| 167-2  | Monika Parker   | 1994 |
| 165-10 | Laura Kruse     | 1994 |

## Heptathlon

|       |                 |      |
|-------|-----------------|------|
| 5,266 | Sonja Forster   | 1992 |
| 5,225 | Grace Vela      | 2004 |
| 5,186 | Angie Tasker    | 1989 |
| 4,875 | Shelby Williams | 2012 |
| 4,845 | Liz Fuller      | 2007 |
| 4,831 | Janie Vermeere  | 1994 |
| 4,814 | Sarah Schireman | 2012 |
| 4,796 | Deanna Carr     | 1982 |
| 4,657 | Shelley Pascoe  | 1991 |
| 4,469 | Kaisa Keranen   | 2006 |

# WOMEN'S ALL-TIME INDOOR TOP-10 MARKS/FRESHMAN RECORDS

## 60 Meters

|       |                      |      |
|-------|----------------------|------|
| 7.34  | Ashley Lodree        | 2007 |
| 7.37  | Dominique Lauderdale | 2011 |
| 7.40c | Tracy Griffin        | 1994 |
| 7.50c | Donna Dennis         | 1986 |
| --    | Zelda Johnson        | 1985 |
| 7.52c | Marzette Penton      | 1997 |
| 7.57c | Tami Mathewson       | 1993 |
| 7.60  | LeTasha Moore        | 2002 |
| 7.62c | Jamara Alexander     | 2001 |
| 7.64c | Joyce Schweim        | 1991 |
| --    | Keisha Griffis       | 1996 |

c - Converted from 55 meters

## 200 Meters

|              |                        |             |
|--------------|------------------------|-------------|
| 24.22        | Ashley Lodree          | 2007        |
| 24.49        | Tracy Griffin          | 1994        |
| <b>24.60</b> | <b>Jordan Carlson</b>  | <b>2013</b> |
| 24.61        | Falesha Ankton         | 2009        |
| 24.86        | Marzette Penton        | 1996        |
| --           | Chelsie Pentz          | 2000        |
| <b>24.98</b> | <b>Gianna Woodruff</b> | <b>2013</b> |
| 24.99        | Bianca Greene          | 2010        |
| 25.10        | Syreeta Martin         | 2008        |
| 25.13        | Lauran Dignam          | 2004        |

## 400 Meters

|              |                       |             |
|--------------|-----------------------|-------------|
| <b>53.75</b> | <b>Jordan Carlson</b> | <b>2013</b> |
| 55.11        | Kelsey Sheppard       | 2002        |
| 55.46        | Lauran Dignam         | 2006        |
| 55.48        | Chelsie Pentz         | 2000        |
| 55.74        | Koko Sandmeyer        | 1994        |
| 55.91        | Patrice Woods         | 1996        |
| 55.99        | Kinyatta Leonhardt    | 2007        |
| 56.01        | Kellie Gamby          | 1991        |
| <b>56.05</b> | <b>Kayla Stueckle</b> | <b>2013</b> |
| 56.13        | LeTasha Moore         | 2002        |

## 800 Meters

|                |                     |             |
|----------------|---------------------|-------------|
| 2:06.69        | Amanda Miller       | 2008        |
| <b>2:06.73</b> | <b>Baylee Mires</b> | <b>2013</b> |
| 2:07.80        | Katie Follett       | 2010        |
| 2:07.85        | Kailey Campbell     | 2009        |
| 2:08.39        | Courtney Inman      | 2003        |
| 2:08.97        | Michelle Turner     | 2008        |
| 2:09.73        | Amy Lia             | 2004        |
| 2:09.99        | Dani Schuster       | 2007        |
| 2:10.10        | Justine Johnson     | 2012        |
| 2:10.17        | Kira Harrison       | 2007        |

## Mile

|                |                          |             |
|----------------|--------------------------|-------------|
| 4:28.48        | Katie Flood              | 2012        |
| 4:34.98        | Katie Follett            | 2010        |
| <b>4:37.57</b> | <b>Christine Babcock</b> | <b>2013</b> |
| 4:38.51        | Kailey Campbell          | 2009        |
| 4:39.78        | Chelsea Orr              | 2012        |
| 4:39.93        | Amanda Miller            | 2008        |
| 4:40.08        | Michelle Turner          | 2008        |
| 4:40.24        | Courtney Inman           | 2003        |
| 4:41.13        | Justine Johnson          | 2012        |
| <b>4:41.72</b> | <b>Maddie Meyers</b>     | <b>2013</b> |

## 3,000 Meters

|                |                          |             |
|----------------|--------------------------|-------------|
| 8:55.31        | Katie Flood              | 2012        |
| 9:08.42        | Megan Goethals           | 2012        |
| 9:08.50        | Mel Lawrence             | 2009        |
| <b>9:11.02</b> | <b>Christine Babcock</b> | <b>2013</b> |
| 9:15.73        | Katie Follett            | 2009        |
| 9:20.53        | Kendra Schaaf            | 2010        |
| 9:23.67        | Chelsea Orr              | 2012        |
| 9:25.45        | Anita Campbell           | 2009        |
| 9:31.24        | Lauren Saylor            | 2009        |
| 9:31.86        | Justine Johnson          | 2011        |

## 5,000 Meters

|          |                  |      |
|----------|------------------|------|
| 15:54.89 | Megan Goethals   | 2012 |
| 16:09.26 | Anita Campbell   | 2009 |
| 16:11.82 | Mel Lawrence     | 2010 |
| 16:14.92 | Lindsay Flanagan | 2012 |
| 16:22.13 | Sabrina Monro    | 2003 |
| 16:33.01 | Anna Aoki        | 2000 |
| 16:34.50 | Phoebe Merritt   | 2011 |
| 16:45.58 | Lisa Gibbs       | 2002 |
| 16:45.96 | Lauren Saylor    | 2008 |
| 16:49.24 | Kenna Patrick    | 2009 |

## 60-Meter Hurdles

|             |                   |             |
|-------------|-------------------|-------------|
| 8.01        | Ashley Lodree     | 2007        |
| 8.21c       | Claudine Robinson | 1994        |
| 8.41        | Falesha Ankton    | 2009        |
| 8.41c       | Joyce Schweim     | 1991        |
| 8.55        | Brynne Steward    | 2006        |
| 8.55c       | Leslie Campbell   | 1990        |
| 8.59c       | Patrice Davis     | 1999        |
| <b>8.62</b> | <b>Daje Pugh</b>  | <b>2013</b> |
| 8.62c       | Kam Warner        | 1994        |
| 8.63        | Grace Vela        | 2005        |

c - Converted from 55-meter hurdles

## 4x400-Meter Relay

|                |                                                  |             |
|----------------|--------------------------------------------------|-------------|
| 3:44.00        | Glass/Sheppard/<br>Muhammad/Griffis              | 1999        |
| 3:44.26        | Pentz/Sheppard/<br>Moore/Bledsoe                 | 2000        |
| <b>3:44.67</b> | <b>Woodruff/Kay. Stueckle/<br/>Pugh/Carlson</b>  | <b>2013</b> |
| 3:44.90        | Dignam/Steward/<br>Leonhardt/Martin              | 2006        |
| 3:45.13        | Fero/Woodruff/<br>Kay. Stueckle/Carlson          | 2012        |
| 3:45.32        | R. Moore/Jensen/<br>Sheppard/Hawkins             | 2002        |
| 3:45.40        | Woods/Griffin/<br>Sandmeyer/Barter               | 1994        |
| <b>3:45.63</b> | <b>Armstead/Kay. Stueckle/<br/>Ford/Woodruff</b> | <b>2013</b> |
| 3:45.99        | Kay. Stueckle/Schmitt/<br>Oden/Carlson           | 2012        |
| 3:46.83        | Fero/Carr/<br>Kay. Stueckle/Carlson              | 2011        |

## Distance Medley Relay

|                 |                                               |             |
|-----------------|-----------------------------------------------|-------------|
| 10:55.01        | Orr/Carlson/<br>Mires/Flood                   | 2012        |
| 11:05.80        | Babcock/Ankton/<br>K. Campbell/Follett        | 2009        |
| <b>11:08.09</b> | <b>Flood/Kay. Stueckle/<br/>Mires/Babcock</b> | <b>2013</b> |
| 11:12.77        | Miller/Ankton/<br>Turner/Follett              | 2008        |
| 11:18.34        | Babcock/Carlson/<br>Mires/Johnson             | 2012        |
| 11:19.94        | Miller/Tvare/<br>Turner/Follett               | 2008        |
| 11:20.85        | Johnson/Fero/<br>Orr/Flood                    | 2011        |
| 11:23.12        | Lia/Jensen/<br>Makestad/Egerdahl              | 2004        |
| 11:23.57        | Makestad/Harrison/<br>Lia/Egerdahl            | 2004        |
| 11:24.45        | Miller/Leonhardt/<br>Schuster/Lia             | 2007        |

## Women's Freshman Records

|                   |                                  |
|-------------------|----------------------------------|
| 100 Meters        | 11.53, Donna Dennis, 1983        |
| 200 Meters        | 23.40, Donna Dennis, 1983        |
| 400 Meters        | 54.6h, Colleen Richardson, 1980  |
| 800 Meters        | 2:06.55, Christine Babcock, 2009 |
| 1,500 Meters      | 4:12.7h, Regina Joyce, 1981      |
| 3,000 Meters      | 8:59.39, Regina Joyce, 1981      |
| Steeplechase      | 9:40.98, Mel Lawrence, 2009      |
| 5,000 Meters      | 15:47.79, Megan Goethals, 2011   |
| 10,000 Meters     | 34:34.79, Lisa Gibbs, 2002       |
| 100-Meter Hurdles | 13.41, Ashley Lodree, 2004       |
| 400-Meter Hurdles | 57.35, Keisha Griffis, 1996      |
| High Jump         | 6-0, Sherri Felton, 1978         |
| Pole Vault        | 13-8 1/4, Georgia Reynolds, 2012 |
| Long Jump         | 21-0, Meledy Smith, 1984         |
| Triple Jump       | 41-0 1/4, Shaniae Lakes, 2010    |
| Shot Put          | 50-5 1/4i, Meg Jones, 1985       |
| Discus            | 175-8, Cecelia Barnes, 1999      |
| Hammer Throw      | 178-9, Elisa Bryant, 2008        |
| Javelin (old)     | 170-6, Vicki Smiley, 1983        |
| Javelin (new)     | 157-9, Tiffany Zahn, 2003        |
| Heptathlon        | 4,891, Angie Tasker, 1987        |

## High Jump

|          |                     |      |
|----------|---------------------|------|
| 6-2      | Vicki Borsheim      | 1988 |
| 6-0      | Maggie Garrison     | 1977 |
| 5-11 1/2 | Kelly McNamee       | 2009 |
| 5-8 1/4  | Dianne Baumann      | 1983 |
| 5-8      | Grace Vela          | 2005 |
| --       | Celia Willis        | 1990 |
| 5-7 3/4  | Daria Pavlov        | 2006 |
| --       | Francine Richardson | 1997 |
| 5-7      | Liz Fuller          | 2006 |
| --       | Sidney Brown        | 2003 |
| --       | Mary Prince         | 1990 |

## Pole Vault

|              |                          |             |
|--------------|--------------------------|-------------|
| 14-3 1/2     | Kate Soma                | 2005        |
| 13-9 1/4     | Kelley DiVesta           | 2008        |
| --           | Ashley Wildhaber         | 2005        |
| 13-7 3/4     | Carly Dockendorf         | 2006        |
| 13-7 1/4     | Stevie Marshalek         | 2005        |
| 13-5 1/4     | Lara Jones               | 2009        |
| 13-4 1/2     | Logan Miller             | 2012        |
| 13-2 1/4     | Andrea Peterson          | 2009        |
| 12-11 1/2    | Kelly Mudlo              | 2010        |
| <b>12-11</b> | <b>Kristina Owsinski</b> | <b>2013</b> |

## Long Jump

|          |                 |      |
|----------|-----------------|------|
| 20-5 1/2 | Meledy Smith    | 1984 |
| 19-9 3/4 | Tara Davis      | 1995 |
| 19-9     | Kendra Keller   | 1984 |
| 19-7 3/4 | Angie Tasker    | 1989 |
| --       | Jakki Davis     | 1984 |
| 19-6 3/4 | Grace Vela      | 2005 |
| 19-6 1/4 | Ashley Lodree   | 2004 |
| --       | Kam Warner      | 1994 |
| 19-5 3/4 | Michele Reid    | 1998 |
| 19-3     | Marzette Penton | 1998 |

## Triple Jump

|           |                    |      |
|-----------|--------------------|------|
| 41-4 1/4  | Brittany Roberts   | 2003 |
| 41-0 1/4  | Daria Amiad-Pavlov | 2009 |
| 40-7 1/2  | Taylor Nichols     | 2011 |
| 40-6 3/4  | Angie Tasker       | 1988 |
| 40-3 1/4  | Sidney Brown       | 2005 |
| 40-0 1/2  | Michele Reid       | 1998 |
| 39-10 1/2 | Shaniae Lakes      | 2011 |
| 39-7 1/2  | Tara Davis         | 1995 |
| 39-5 3/4  | Lindsey Fleishman  | 2010 |
| 39-3 3/4  | Grace Vela         | 2005 |

## Shot Put

|           |                    |      |
|-----------|--------------------|------|
| 52-7 1/2  | Jennifer Ponath    | 1988 |
| 51-4 1/2  | Shirley Ross       | 1988 |
| 50-9 1/2  | Meg Jones          | 1988 |
| 49-10 3/4 | Caryl Van Pelt     | 1978 |
| 49-9 3/4  | Seselia Thomas     | 2000 |
| 49-4 1/4  | Aretha Hill        | 1998 |
| 47-5 1/4  | Sheree Ellis       | 2007 |
| 46-10     | Suzanne Dandenault | 1991 |
| 46-7 1/4  | Whitney Hooks      | 2007 |
| 46-1 1/4  | Cherron Davis      | 2003 |

## 20-lb. Weight Throw

|             |                    |             |
|-------------|--------------------|-------------|
| 65-8 3/4    | Elisa Bryant       | 2009        |
| 55-2        | Aretha Hill        | 1998        |
| 52-5 1/2    | Erica Huse         | 2012        |
| 52-2 1/2    | Soozie Shanley     | 1996        |
| 51-9        | Korede Oyetuga     | 2010        |
| 51-5 3/4    | Seselia Thomas     | 2000        |
| 50-11 1/2   | Arlecier West      | 2005        |
| 50-8 3/4    | Kameko Gay         | 2003        |
| <b>50-2</b> | <b>Bev Coleman</b> | <b>2013</b> |
| 49-1 1/2    | Rebecca Morrison   | 1999        |

## Pentathlon

|              |                        |             |
|--------------|------------------------|-------------|
| 3,915        | Grace Vela             | 2005        |
| 3,854        | Daria Amiad-Pavlov     | 2006        |
| 3,840        | Liz Fuller             | 2008        |
| 3,696        | Dianne Baumann         | 1983        |
| 3,692        | Angie Tasker           | 1989        |
| 3,607        | Sarah Schireman        | 2012        |
| 3,559        | Kelly McNamee          | 2009        |
| <b>3,558</b> | <b>Shelby Williams</b> | <b>2013</b> |
| 3,508        | Sonja Forster          | 1990        |
| 3,471        | Bonnie Snyder          | 2005        |